



# POLICY AND PROCEDURE

## APPENDIX – NUT FREE STATEMENT

### Nut Free Statement

Due to the increasing incidence of anaphylaxis, Larool Pre-school is a “nut free environment”. Foods containing nuts or nut products have been banned from the pre-school in order to ensure the safety and well-being of our children.

### What is ANAPHYLAXIS?

ANAPHYLAXIS is a sudden, severe allergic response that produces breathing difficulties collapse and possible death

### ANAPHYLAXIS REACTIONS ARE A MEDICAL EMERGENCY

Symptoms can include:

- Tingling lips and mouth
- Vomiting, diarrhoea
- Hives
- Wheezing

These symptoms may rapidly progress to:

- Closure of throat due to swelling
- Inability to breathe
- Loss of consciousness

To make our pre-school environment as safe as possible children must not bring any nut products to preschool. To assist you, below is a list of examples of safe and banned foods.

<b>Banned food</b>	<b>Safe alternative</b>
Peanut Butter	Vegemite/avocado/
Nutella	Honey
Nut chocolates	Chocolates and other treats are discouraged
Muesli bars with nuts	Muesli bars without nuts

In relation to our Nut Free Environment, please pay particular attention to the risk of cross-contamination. An example of cross contamination is if your child has a peanut product (particularly peanut butter on toast) at breakfast. Please wash your child’s mouth, face and hands at home because even a smear could result in a life threatening situation.

We thank you for supporting our new Nut Free Environment, and apologise for any initial inconvenience this may cause.

## ALLERGY MANAGEMENT POLICY