



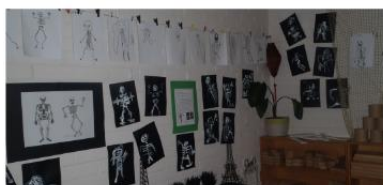
Larool Pre-school

Newsletter Term 2, Week 6, 2016

*Larool Pre-school, our community:
a place of laughter and joy, of friends and memories....*

News from the Directors Desk

Winter is now upon us and it brings with it a new season of interest, learning and excitement for the children. With the cooler weather we have made the change to the Autumn/Winter Program. We now start our day in the warmth of the inside environment and head outside after morning tea. If the children need a run earlier then weather permitting you may find us outside! Please remember to pack beanies & jackets for our outside time.



We appreciate all the feedback that we can get - everyone's input is of immense value, especially those of you who have suggestions for improvement. Please feel free to pop by the office if you have any questions, feedback or suggestions!

Monique

Upcoming Events/ Dates to Remember

Monday 6th June

Dinosaur Show- 10.30am

Friday 10th June

Dinosaur Show- 10.30am

Monday 13th June

Public Holiday: Pre-school closed

Monday 27th June

Dress up day- Joeys & Koalas
Come dressed in clothes with your favourite animal on it!
Gold coin donation

Thursday 30th June

Dress up day- Possums & Wombats
Come dressed in clothes with your favourite animal on it!
Gold coin donation

Monday 4th - Friday 15th July

Pre-school Holidays

Tuesday 26th July

Bob Turner Reptile Man- 10.30am

Thursday 28th July

Bob Turner Reptile Man - 10.30am

Saturday 30th July

Groove-A-Thon: 3.00-5.00pm

Term dates for 2016

- Term 1: Thurs 28/1 – Fri 8/4
- Term 2: Tues 26/4- Fri 1/7
- Term 3: Mon 18/7- Fri 23/9
- Term 4: Mon 10/10- Mon 19/12



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Management Committee Update

Larool is travelling really well with everything on track for another fabulous term. Thank you to all the wonderful families who dedicate their time and expertise to Larool - it is much appreciated!

If anyone has any feedback or issues that they would like to raise with the management committee please feel free to contact us via laroolmgmt@optusnet.com.au



SPLAT Chat!

Larool Social & Fundraising Committee Update

- Thank you to Andrea Bornstein for organising a wonderful Mother's Day Stall. Also thank you Ishil Sterling-Levis, Kate Ward, Kristie Whitehead & Carolyn Delapierre for helping on the stalls. We hope all the kids enjoyed picking a special gift for Mum. If you haven't paid please put your \$5 in the SPLAT box in the Hub.
- Dress Up days will be the Monday (27th of June) and Thursday (30th June) of the last week of term. Come dressed in something with a picture of your favourite animal on it. {i.e. Dinosaur t-shirt or jumper with a rabbit on it} Gold Coin Donation will go towards purchasing new books for the library.



- Later this term we will also be doing the Larool 2016 Class T-shirts...details in your child's folder! Size samples in Monique's office.

SAVE THE DATE!
JULY 30th 3pm-5pm



We are busy planning something very special for our major fundraiser so keep an eye out for more details!



JOEYS- Monday/Tuesday

We had an exciting start to Term 2 with two families welcoming new babies. Congratulations to Grace on becoming a big sister again to baby Madeline and congratulations to Louie on becoming a big brother to baby Herbert!

The Joeys have been very engaged learning about butterflies! We made our own butterflies at the Art Studio, we read the Very Hungry Caterpillar and The Life Cycle of a Butterfly. We learnt some new vocabulary including symmetrical, female, hibernate, and chrysalis! From here, our interests extended to insects where we read an interesting book about the importance of insects! We learnt that insects have 6 legs and can live in the ground, water or trees.

We have also had a lot of fun with construction this term. The children have made lots of different vehicles with the poly-m, they have made an amazing farm, and built towers using the magnetic blocks. The Joeys have also enjoyed using the tap tap set, this is more challenging for their fine motor as they manipulate the small nails!

The Joeys are continuing to enjoy a range of sensory experiences, in particular, finger painting! This term we will continue to encourage the children to engage in these activities so be sure to wear clothes that can get messy! To extend on this interest, we have been looking at colour mixing. The children have had the opportunity to use the small pallets and mix their own colours. They were very surprised to see that they could make green simply by mixing blue and yellow! This term we will continue to learn about shapes and colours so please talk to your children about these topics at home and point out objects at home that might relate e.g. "Look at the book, what shape is it?" We will also be working on pencil grips, name recognition skills and counting skills.

Mrs Julie Tierney, Mrs Leminda Yelland, and Miss Brooke Shore.

WOMBATS- Wednesday/Thursday/Friday

We are so happy to report that the children have settled in beautifully into term 2 and the new routine of starting the day inside.

The children have now grasped the routine and are quickly learning the rules of preschool as we move into our core projects. Core projects contain information that children must know for their safety and wellbeing. Through core projects, children learn how to confidently deal with the world around them and others in it.

At gross motor time the children have been working on skills to better their balance, co-ordination and climbing skills. Also in gross motor this term the children have been focusing on their ball skills. These activities are focused on eye-hand coordination, spatial awareness, following directions and distance perception. You may have noticed our big floor book which has photos in it displayed at the end of each day. Please be aware that this book is child orientated with the cutting, sticky taping, and drawings and comments all coming from the children.

Please encourage your child at home time, to collect their bag and art work. Also can you please make sure your child has a hat and drink bottle for the day.

Core Topic we are covering this term

- Seasons- Weather
- Human Body
- Nutrition and exercise
- Living things.

It has been wonderful getting to know you all and a reminder that if you have something on your mind we would love to chat with you about it.

Mrs Carlene Trainor, Ms Sarah Warner and Mrs Janelle Morrison.



Fact

Each year, the Fire and Rescue NSW attends approximately 4,500 residential fires in NSW with approximately 30% of them occurring in winter months, and 47% of fires starting in the kitchen. Firefighters have been called to more than 30 home fires since Thursday 26th May 2016!

Is your home winter fire safe?

We recommend this simple safety checklist to help keep homes fire safe this winter. Make sure you and everyone in your household follows the following safety advice:

- Never ever leave cooking unattended. **"Keep Looking When Cooking"**
- Most importantly, have an adequate number of suitable smoke alarms installed throughout your home and make sure that you test them regularly.
- Make sure you and all your family know two safe ways out of every room in your home.
- Have a written home escape plan in case of fire and practice it regularly.
- If you have a fireplace in your home make sure the chimney is clean, and its properly ventilated and always place a screen in front of it when in use.
- Check electric blankets for damage or frayed cords before placing on the bed.
- Take care to keep curtains, tablecloths and bedding away from portable heaters.
- Keep clothing and other flammable materials at least one metre from your heater or fireplaces and never leave unattended.
- If you use a clothes dryer make sure you clean the lint filter each and every time you use it.
- Only use one appliance per power point and switch off when not in use.
- Always extinguish candles or any other open flames before going to bed and always handle any open flame with care.
- Don't overload your power boards
- Be careful with wheat bags- Never overheat them or use them in bed.
- Store matches or lighters in a secure place not accessible to young children.
- Avoid the use of outdoor heating and cooking equipment inside your home. The use of this type of equipment indoors could lead to the build up of carbon Monoxide which could be fatal.
- Fire safety tips
- Use only authorised installers of fixed heating appliances.
- If possible, in the kitchen keep a fire extinguisher and fire blanket placed near the exit.
- In Case of an Emergency Get out Stay Out and Call **Triple Zero (000)**

First aid for burns

1. **Remove any clothing and jewellery**, unless it's stuck to the skin.
2. **Cool the burn.** Apply cold running tap water for 20 minutes.
Do not use ice or iced water.
Never use butter, oil or ointment.
Keep the patient warm. Cool the burn, warm the patient.
3. **Cover the burn** with clean, dry cloth or wrap with clingwrap to protect the burn.
4. **Seek medical attention if:**
 - a. The burn is on the face, hands, feet or genitals,
 - b. The burn is blistered,
 - c. The burn area is larger than a 20 cent coin.



Checking Your Smoke Alarm

- Test smoke alarm monthly
- Change batteries yearly at the end of daylight saving
- Dust and clean smoke alarms yearly



KOALAS- Monday/Tuesday/Wednesday

This term has been a busy one so far for the Koalas. They are really enjoying all aspects of the program and engaging with the activities in the changed classroom configuration. The art/craft studio space has been popular amongst the children. This studio area allows each child the opportunity to experiment with open-ended art with a variety of materials. They are learning to take initiative, problem solve, take risks by showing originality, and express themselves through representation. In the art studio the Koalas have:

- painted their own impressions of birds in the craft studio- based on the story "How the Birds Got Their Colours"
- created beautiful flowers by selecting tissue paper, folding it and attaching a pipe cleaner to the end.
- enjoyed the collage items that were separated into specific colours. Annie made flowers.
- experimented further with colour mixing by adding 2 chosen colours to a pallet, combining them together with a brush and applying it to the paper in whatever way they wanted e.g. using a roller or brushes with different width.
- Used large white tiles to apply paint to and printed their design onto paper

Having loose parts e.g. marbles, blue gems, small wooden discs, various sized tiles and coloured beads available at the playdough table this term has provided the Koalas with another open ended activity. Harrison-designed "a computer" with tiles; Eve created her flower impression using a wooden stamp and jewels in its centre; Flynn rolled out "a worm" and pressed beads into it.

This term has seen the Koalas embracing our community/families:

- we enjoyed having our student Mandy with us for a few weeks from Macquarie Uni. She provided some great experiences from taking on roles in the dramatic play office: working on the computers, calling clients, writing letters, dressing up in shirts/dresses; to following a recipe and making scented/ glitter playdough.
- creating our special Mothers Day gifts and buying from the Mothers Day stall was a highlight for the children. This is teaching them about being caring and feeling happy when we give to others.
- The children cooked some vanilla cupcakes for The Biggest Morning Tea Fundraiser. The Koalas donated some YUMMY cakes to Annie's Dad's business- Allen & Sheppard for their morning tea fundraiser. We had our own Koala morning tea and each family donated a gold coin to the cause.

The Koalas have embraced the whole cooking experience and extended on this interest. Just the other day, Ari, Edward, Jake and friends created a "hot chocolate stand" in the sandpit and Mrs Goodwin bought in some empty milk bottles, a milo tin, cups and spoons to develop this imaginary play. Coming up we will make real hot chocolate to warm the Koalas up on these chilly Autumn mornings that we have been experiencing.

A teacher initiated core interest recently has been 'Our Bodies', as it was observed that some children are having difficulties naming their body parts. Singing body songs: tracing/collaging and labelling a body silhouette has aided the children's' ability to learn more body parts.

Mrs Sharon Goodwin, Mrs Lynne Meadows and Mrs Lindy Hamilton

**Catching children being good
+ giving them positive and specific feedback
= repeat performances.**



Yummy Koala Cupcakes (aka vanilla cupcakes)!

225g (8oz) unsalted butter, softened
225g (8oz) caster sugar
225g (8oz) self-raising flour
1 tsp baking powder
4 eggs
1 tsp vanilla essence



- Preheat the oven to 175°.
- Place 18 cupcake cases in cupcake tins- we used mini cupcake cases!
- Place all the ingredients in a medium bowl and beat with an electric mixer until smooth and pale, about 2-3 minutes.
- Spoon the mixture into the cases and bake for 20 minutes
- Remove the tins from the oven and allow to cool slightly before placing them on a rack.
- Store in an airtight container for up to 3 days or freeze for up to 3 months.

Have you thought about 'green cleaning'?



Natural cleaning or 'green cleaning' is a way to clean your home using fewer cleaning products and safer alternatives. This produces less waste and reduces the need for artificial chemicals that can be harmful to your family and the environment.

To clean well, cheaply and safely throughout your home all you need are the basic ingredients below.



How to clean green

There are just three things to remember:

REDUCE • BE SMART • THINK SAFE

REDUCE the use of household cleaners by buying less, using less and looking for natural, safer alternatives.

BE SMART when you shop. Read the label, avoid buying the more toxic product and buy only what you need.

THINK SAFE when handling and storing cleaners and dispose of them legally and safely.

Your natural cleaning kit

You can buy these inexpensive ingredients from your local supermarket.

Bicarbonate of soda (baking soda)



cleans, deodorises, softens water and is a good scouring powder. Store in a flour shaker to keep it dry.

Borax is a naturally occurring mineral salt. It cleans, deodorises, bleaches and disinfects. Borax is also used to control pests such as ants and cockroaches. (Borax is also toxic so keep this out of reach of children and pets).



White vinegar

cuts grease and is a deodoriser and mild disinfectant. Mix half and half with water and store in a labelled spray bottle.

Hint Microfibre cloths clean effectively with just water.

Washing soda

cuts grease and removes stains.



Pure soap is a general purpose cleaner that biodegrades completely.



Lemon juice is a mild bleach, a deodorant and a cleaning agent.



Green cleaning recipes They're safe, smell good and really work



In the kitchen

SURFACE CLEANER Use bicarbonate of soda on a damp cloth to clean benchtops, sinks, windows and your refrigerator surfaces.

DISHWASHING DETERGENT Use pure soap and add white vinegar to the rinse water to give glasses an extra shine.

OVEN CLEANER Wipe the oven down while still warm with a soapy cloth.

In the laundry

BLEACH Use 1 cup of lemon juice in half a bucket of water and soak overnight, or substitute half a cup of borax per washload to whiten whites and brighten colours.

STAIN REMOVER Use eucalyptus oil to remove stains before washing. Apply a few drops and let it evaporate.

LAUNDRY DETERGENT Mix one third of a cake of pure soap (grated) with one third of a cup of washing soda. Dissolve in hot water and top up with water. The mixture will set to a soft gel. Use 2-3 cups per wash.



In the living room

CARPET CLEANER Sprinkle bicarbonate of soda on the carpet before vacuuming to deodorise. For stain removing just vacuum or brush when dry.

WINDOW CLEANER Wash windows with warm soapy water if very dirty. Add half a cup of vinegar to a litre of warm water. Use crumpled newspaper moistened with vinegar to get a beautiful sheen.

Green cleaning recipes They're safe, smell good and really work

All-purpose cleaner

Warm water mixed with pure soap or white vinegar is a cheap and easy general cleaner for throughout the home.



In the bathroom

TOILET CLEANER Make a paste from borax and lemon juice for cleaning non-septic toilet bowls.

CERAMIC CLEANER Clean tiles, sinks, toilets and baths with bicarbonate of soda using a damp cloth.

MIRROR CLEANER Apply eucalyptus oil with a wad of newspaper to prevent mirrors fogging.

In the car

BATTERY CLEANER Clean battery terminals with a mixture of 2 teaspoons of bicarbonate of soda with 1 litre of water and apply generously. Smear petroleum jelly around the base of the terminals to prevent oxidation.

POLISH Give your car a normal wash. Allow it to dry, then sprinkle cornflour over the duco. Polish to give that extra sheen.

CHROME POLISH Use flour or bicarbonate of soda with a dry, clean cloth.

TAR REMOVER Moisten a cloth with eucalyptus oil and rub clean.

HINTS Get rid of that new car smell by wiping vinyl surfaces with a strong solution of vinegar and air well. Moisten a soft cloth with vinegar to clean windscreens and windows. An open container of bicarbonate of soda absorbs odours. And remember to wash your car on the lawn.



For more information visit
environment.nsw.gov.au
livingthing.net.au

Contact

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POSSUMS- Thursday/Friday

To start, a big welcome to Maddison and her family. It's always lovely to have a new face in the classroom especially one with a smile as big as Maddie's!

So far in Term 2 we have been investigating the world of colours and recycling. When discussing colours we have learnt that there is not just one green, but many shades of green. We have also had many opportunities to mix colours and have loved playing the game "find the colour in your space". We also learnt that light has a secret, it has seven colours! When light shines through a raindrop we can see these colours in a rainbow. Together we made a rainbow out of scarves. Mrs Mantakoul showed us how to tie a knot. It was certainly tricky but some of us could do it!

Shortly your child may receive a green bucket to take home if they choose to be our weekly recycler on the jobs chart. In this bucket, they are asked with your help to place food scraps in to help feed the preschool worms. On the bucket you will find further instructions as worms just like us, don't like everything.

Please remember no pressure regarding the Buddy book. While photos can be helpful for your child to do their report, you do not NEED to do them. Your child may simply like to do a drawing or just talk about what they did with Buddy. If everyone can remember to bring Buddy back on the Thursday, this gives your child ample time to do their report and helps us to ensure Buddy is ready for the next child.

Sayaka's mum has offered to come into the classroom to show the children some Origami. If you would like to share your talents or simply read a story to the children we would love to have you!

Some parents have been asking about the "A is for Apple" song. You can find it on Youtube here:
<https://www.youtube.com/watch?v=BELIZKpi1Zs>

We hope you enjoyed reading your settling in reports. They were a pleasure to write and we are so thrilled to be part of your child's educational journey. If you have any questions or suggestions, please come and have a chat. If your child is attending any speech, OT or other type of assistance, please let us know so we can help your child achieve their therapy goals at preschool.

Mrs Danielle Mantakoul, Mrs Leminda Yelland and Miss Brooke Shore



If your child stopped breathing today, would you know what to do?



The Children's Hospital at Westmead has developed a FREE online program, 'CPR Training for Parents,' to teach the steps involved in Cardio-Pulmonary Resuscitation (CPR) for a baby (aged less than 12 months) or a child (aged over one year). These steps can also be used on an adult.

The content is taken directly from the Australian Resuscitation Council Guidelines. The DRS ABCD approach for an unresponsive baby and child used in this program is an international approach designed to help people remember the steps involved in responding to a collapsed person.

The program does not require you to login and takes approximately 1.5 hours to complete.

The knowledge and skills you learn in this program may SAVE a LIFE. Remember, ANY attempt at CPR is better than no attempt.

Visit www.cprtrainingforparents.org.au today!

Next time your
child comes home
empty handed
don't ask "Didn't you do
anything today?"
Because chances are
they did a heap but all they
know is that they played ...
They don't yet realize how
much they learned while
they played ...
They simply played.
And that is how it is ... And
that is how it should be ...
And that is called
play based learning!

~ Donna Ridley
Irresistible Ideas for Play Based Learning
www.playbasedlearning.com.au

Any Feedback for us?

Finally.... As always we love to hear your feedback here at the pre-school, the good and not so good. Often there are questions or concerns that come up, so it's important that you tell us what's on your mind. You can call, email, speak with the Director or your teachers, make an appointment, write a note or drop an anonymous note into our fee box— we appreciate the time that our families make to give us feedback and we take it all on board. You can also provide feedback, suggestions and comments regarding our educational program - let your teachers know!

Please email me or tear off below (pop into the Office box) with any suggestions/comments, information about the newsletter or things you would like to see in the next issue laroolpreschool@optusnet.com.au

Name (optional): _____

Suggestions and Comments:



Larool Pre-school is committed to contributing to our community.

ALLEN & SHEPPARD



Selling or Renting Your Property? We want to help you and Larool Pre-school

Allen & Sheppard are a proud sponsor of Larool Preschool. As part of our ongoing support of the Preschool and those associated with them, we wish to extend this **offer**:

For every home listed and sold with Allen and Sheppard Real Estate, referred to us by or listed and sold by either a past or present Larool family, **Allen & Sheppard will donate a further \$500** to the Preschool and a further **\$500 will be given in free advertising** for the property.

Alternatively if a referral is made to manage a property for rent, we **will donate \$250** to the Preschool and manage the property for the first **3 months free of charge!**

For any real estate advice, please don't hesitate to contact James Sheppard 0404 863 233 (Father of Annie Sheppard Koalas Room Monday, Tuesday, Wednesday)



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Larool Pre-school

FAMILY PORTRAIT FUNDRAISER WITH aver&line



Save the Date!

Larool Pre School
Family portrait fundraising day
Saturday September 24th 2016



BOOK TO RECEIVE

for \$15

- 20 minute portrait session
 - 20 minute viewing / selection session
 - 8"x12" print
 - Glass bottle frame + print of your choice
 - Complimentary retouching (Remove unwanted dribble or bumps!)
 - Opportunity to purchase the BEST value packages & lowest cost options!
- We also have the best value digital files available!

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