



Larool Loop....



Larool Pre-school, our community: a place of laughter and joy, of friends and memories...

From the Directors Desk

We are half way through another term- this year is flying by way too fast.

Educa

We hope that you are enjoying Educa, our communication platform providing an insight into your child's week and learning journey at Larool. We also use Educa for news, reminders and upcoming events. So please keep looking at Educa!

Fundraising – awesome effort everyone!

SPLAT and the Larool families have again raised an amazing amount of money for the Pre-school. I heard all about the fun time everyone had at the Groove-A-Thon! Proceeds of the raised funds will go towards building a new cubby house for the playground. We can't wait!

Cubby House!

The build of the cubby will take place Sat 16th and Sun 17th September. We would love to have about 3 to 4 people help out with the build so if you have some building skills and would like to help out, please let Monique know.

Working Bee - Save the Date!

To help out with some odd jobs around Pre-school we are organising a working bee! Save the date and get your tools ready! ~ **Sunday 24th September, 9.00am ~**

Monique

Upcoming Events/ Dates to Remember

Father's Day Stalls

Tuesday 29th August (Joeys/Koalas)
Thursday 31st August (Wombats/Possums)
\$5.00 per child

Grandparents and Special Persons Day

Tuesday 5th September (Joeys/Koalas)
Thursday 7th September (Wombats/Possums)
2pm

Bob Turner Reptile Show

Tuesday 12th September (Joeys/Koalas)
Thursday 14th September (Wombats/Possums)
11.00am

Last Day of Term 3

Friday 22nd September

First Day of Term 4

Monday 9th October

STEPS Eye Screening

Tuesday 17th October
Wednesday 18th October
Thursday 19th October

Christmas Concerts

Tuesday 28th November- Joeys
Wednesday 29th November- Koalas
Thursday 30th November- Wombats
Friday 1st December- Possums

Last Day of Term 4

Monday 18th December



*Grandparents and
Special Persons Day*

Look at all the beautiful books!

Grandparents or Special People will be able to purchase a book on behalf of the child to donate to the Larool resource library.

**A lovely label with the child's name
will be placed in the front of the
book in recognition of the donation.**

**Tuesday 5th September
(Joeys/Koalas)
2pm**

**Thursday 7th September
(Wombats/Possums)
2pm**



Next term (term 4) we will be participating in the Statewide Eyesight Preschooler Screening Program (StEPS). The StEPS program is an initiative of NSW Health and offers all 4 year old children free vision screening.

Dates:

Tuesday 17th October
Wednesday 18th October
Thursday 19th October

The STEPS program is a free vision screening program designed to identify childhood vision problems which cannot be detected by observation, behaviour, family history or vision surveillance. In the coming weeks the forms will go home to families for children who turn 4 years of age by November. ***The original forms must be signed and returned to preschool, photo copies and unsigned forms will not be accepted.***



Be SunSmart, Play SunSmart

Remember to protect your children's skin at preschool!

Next term we will begin our summer program where we start the day outside and come inside during the heat of the day.

Children will need to:

1. Slip on sun-protective clothing that covers as much of the skin (*especially the shoulders, back and stomach*) as possible – no singlets or dresses without sleeves.
2. Slop on SPF30 (or higher), broad-spectrum, water-resistant sunscreen (Sunscreen is available at the Pre-school to apply on arrival.)
3. Slap on a broad-brimmed hat that shades the face, neck and ears (*no caps*)





SPLAT Chat- Larool Social & Fundraising Committee Update

Groove-a-Thon Thank you to all the families for helping to make this event another success this year. Many thanks go to the SPLAT team, who have spent most of the year organising and preparing for this day for your children to enjoy. Judy, Jocelyn, Lisa, Annie, Cam, Leigh, Julie and all other members of SPLAT - what amazing help you all have been in the lead up to this event. Special mention to Annie Russell who did not stop for 2 hours creating amazing face painting for all the children. Thank you Annie!

Well done to the Raffle prize winners and the children who raised the most amount of money from their sponsorships. Amazing job for these four children who were the highest fundraisers:

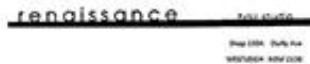
1. Ryan Donnelly. Well done to Ryan who raised \$275 for in his efforts!
2. Zara Tierney
3. Jack Dorrans
4. Xavier Oskooi

We have raised well over \$4600 for Larool from this one event, so thank you to everyone for getting involved. Also a big thank you to the sponsors for the event. Please make sure you support the businesses that support our preschool with their donations and time.



ALLEN & SHEPPARD

Scooda
branded merchandise solutions



Manserliemey & Johnston
Chartered Accountants & Wealth Management



Hornsby Aquatic
and Leisure Centre

DIGITAL FLASHBACKS
- PHOTOGRAPHY -

Father's Day Stall With Father's Day coming up, watch out for the note in the next few weeks in your art folders to place \$5 in the SPLAT box for the gift for Dad!

Dad's Night Out The festival of Dad will continue later on with a Dad's night out in the coming months, so stay tuned for details regarding this big night out!

Larool Class T-Shirts Watch out for the form in art folders coming soon to indicate your interest in purchasing a Larool T shirt with all the children's names on the back for the 2017 Year. Thanks to Scooda Merchandise for arranging and sourcing the T-Shirts.

Cheers

Stephanie O'Kane-Sheppard and Jocelyn Caddy
Co-Presidents SPLAT



1, 2, 3 Get Ready to Read!

Margaret MacCulloch- The Koala Room

Laying down a firm foundation for lifelong learning in the early years of our children's lives is vitally important. Literacy is usually thought of as mostly reading and writing. Young children, before they read and write learn about words, language stories and books. Educators and parents have an important role to play, setting the stage for literacy development. I have outlined some important factors to consider and made some suggestions all to assist our little people's learning journey!

Read, Read, Read!

Foster the love of reading by sharing books, all different sorts: story, picture books and information books about what interests your child. Go to the library and let your child choose books. Read them often and with enthusiasm!

Did you know?

A child learns the meanings of about 1000 words a year from birth to when they start school!



What does it mean?

Building vocabulary (meaning of words) enriches your child's rapidly expanding knowledge of language. So when reading to your child, stop when you get to a word like **extraordinary** and tell them what it means! Once they know it, use it in conversations and encourage them to use it too!



What does it say?

Teach children print has a purpose. For example telling a story in a picture book, making a list like a shopping list or share useful information in book about Giraffes!

Have children turn the pages and point out words as you read. Ask questions as you read a story, see if your child can tell you what happened at the beginning and the end of the story. Encourage children to retell or make up their own story. Talk about the characters and where the story takes place.

Re-tell rhymes and stories with toys or puppets.

Here we can see "Five Little Ducks went out on day!"





Look for Letters!

Start with the letters in your child's name then look for letters on signs at the park, on labels at the shops, everywhere you go! Play I spy and challenge your child to describe the shape of letters.

Tell me a Rhyme?

It is important for children to hear and play with smaller sounds in words.

Reading rhyming books and clapping syllables in their names introduces these concepts to preschoolers.

Make up silly songs and have fun with rhyming words! Play "I am thinking of a word that rhymes with dog" Then make up silly phrases such as the pig in a wig/ the frog fell off the log.

National Child Protection Week- Protecting Children is Everyone's Business!



Kicking off on Fathers' Day, Sunday 3rd September, National Child Protection Week is a wonderful opportunity for everyone in the community to think about how we can work together to keep all children safe.

Research tells us that strong social cohesion in a community has a protective effect for children. Communities where children are seen and heard, where their participation is valued, and where their families can get the support they need, are stronger communities that help to keep children safe and well.

REMEMBER

- We all have a part to play in protecting children
- Even small actions can help to improve a child's future
- By building stronger communities, we are creating safer environments for our children

How can I start playing my part to protect children today (and every day!)?

- Be a good role model for children
- Be kind to children, parents (and yourself!)
- Take the time to really listen to children and believe them if they tell you something
- Learn about what help services are available so you can support others if they need help
- Don't judge other parents and families; remember that we're all trying our best
- Look out for all children, not just your own
- Be a friendly, helpful member of your local community
- Don't be afraid to ask for help or to ask someone if they need help

<http://napcan.org.au>

NATIONAL CHILD PROTECTION WEEK 2017
3rd – 9th September
PROTECTING CHILDREN IS EVERYONE'S BUSINESS





Get Up and Move!!

Did you know pre-schoolers should be physically active for at least three hours each day? Don't worry, they don't have to do this physical activity all at once, it is easily achieved by doing small blocks of time throughout the day.

We do stretching, motor and movement activities everyday with your children. They are sometimes referred to as gross motor skills or fundamental movement where children are learning and practicing their locomotor, balance and co-ordination.

These skills enable your child to control and use the large muscles in the body, arms, legs and back including: walking, running, jumping, rolling, swimming, sitting, crawling, riding a bike, throwing, catching, kicking, balancing, dancing and any other large muscle body movement. The development of these muscles are the 'building blocks' for more complex and specialised skills that are required to play different games and sports offered in the school years and in the community.

Physical activity isn't just about 'exercise'. Larool offers a wide choice of play-based, physically active learning experiences that link to the children's interests, abilities, identity and prior knowledge. These experiences are both structured (i.e. intentionally taught) physical activity and unstructured, spontaneous activity and free play. We actively promote active experiences to enable our pre-schoolers to gain greater control over their body, increasing their confidence and mobility.

Physical activity is good for your child's health – now and for the future.

Don't forget...

Try and visit parks, swimming pools, playgrounds etc as often as possible. If you can- walk there! Walking helps to improve muscle strength and endurance which then contribute to improving skills in other areas.

Information sourced from 'I Move, We Move' NSW Health publication & Raising Children's Network



CPR



If your child stopped breathing today, would you know what to do?

The Children's Hospital at Westmead has developed a free online program, 'CPR Training for Parents,' to teach the steps involved in Cardio-Pulmonary Resuscitation (CPR) for a baby (aged less than 12 months) or a child (aged over one year). These steps can also be used on an adult.

The content is taken directly from the Australian Resuscitation Council Guidelines. The DRS ABCD approach for an unresponsive baby and child used in this program is an international approach designed to help people remember the steps involved in responding to a collapsed person.

The program does not require you to login and takes approximately 1.5 hours to complete. Although it can be completed over multiple sessions, we recommend completing each module from start to finish, as your progress will not be recorded.

The knowledge and skills you learn in this program may SAVE a LIFE. Remember, ANY attempt at CPR is better than no attempt.

<http://kidshealth.schn.health.nsw.gov.au/cpr#sthash.Lks9h1IU.dpbs>

Next time your child comes home empty handed don't ask "Didn't you do anything today?"

Because chances are they did a heap but all they know is that they played ... They don't yet realize how much they learned while they played ...

They simply played.

And that is how it is ... And that is how it should be ...

And that is called play based learning!

~ Donna Ridley
Irresistible Ideas for Play Based Learning
www.playbasedlearning.com.au

25 WAYS TO ENCOURAGE

Thank you for helping with...

It makes mornings/dinner/outings easier when you.... thank you.

I really appreciate it when you...

Thank you for doing that... it means I/we can now...

We did it together!

Wow! You made a building/drawing/etc.

You did it on your own!

You did x and then y and worked it out.

You used lots of red paint/blocks/tape/etc.

You made it really big/small/colorful/complicated/etc.

That took you a long time, and you did it!

How did you do that?

You did x, what will you do now?

Can you tell me about it?

What is your favorite part?

How did you think of that?

I really enjoy doing this with you.

I love watching you create/help your sister/play soccer/ etc.

I'm so proud to be your mum, every day, no matter what.

Look how happy your friend is when you share/help/smile/etc.

You kept going, even when it was hard.

You look so pleased to have done that!

You made x feel so pleased when you did that.

It makes you feel good when you do x.

Say nothing - just smile.



Reduce, reuse and recycle

Reusable plastic containers, paper bags and paper lunch wrap work as well as snap lock bags, freezer bags and plastic wrap.



Finally.... we love to hear your feedback, the good and also the not so good.

You can call, email, speak with the Director or your teachers, make an appointment, write a note or drop an anonymous note into our office box– we appreciate the time that our families make to give us feedback and we take it all on board. laroolpreschool@optusnet.com.au

📍: 12 Larool Crescent, Thornleigh, 2120

☎: (02) 9481-9136

✉: laroolpreschool@optusnet.com.au
larool-accounts@optusnet.com.au

💻: www.laroolpreschool.com.au



www.laroolpre-school.educa.com.au

OUR COMMUNITY

Larool Pre-school is committed to contributing to our community.

ALLEN & SHEPPARD



Selling or Renting Your Property? We want to help you and Larool Pre-school

Allen & Sheppard are a proud sponsor of Larool Preschool. As part of our ongoing support of the Preschool and those associated with them, we wish to extend this **offer**:

For every home listed and sold with Allen and Sheppard Real Estate, referred to us by or listed and sold by either a past or present Larool family, **Allen & Sheppard will donate a further \$500** to the Preschool and a further **\$500 will be given in free advertising** for the property.

Alternatively if a referral is made to manage a property for rent, we **will donate \$250** to the Preschool and manage the property for the first **3 months free of charge!**

For any real estate advice, please don't hesitate to contact James Sheppard 0404 863 233 (Father of Rose Sheppard Joeys Room Monday and Tuesday)



270 Pennant Hills Road, Thornleigh, NSW 2120

P 02 9481 9000

F 02 9875 4545

www.allenandsheppard.com.au