



From the Directors Desk

Where has the year gone? I cannot believe that we are already in September but I am enjoying this beautiful display of spring weather!

We are looking forward to the adventures that the rest of the term and next term will bring especially the Disco and Grandparents/Special Persons Afternoon.

We are very excited to have Danielle Mantakoul presenting one of her incredible, practical and informative talks next term, Wednesday 23rd October 7.30pm. Smart Start School aims to assist parents in making the transition to school easier for children. Topics such as composite classes, parent teacher communication, typical school day, importance of social and emotional development and much more will be discussed with lots of tips and tricks throughout. This is a must for anyone with a child starting school in 2020 or 2021!

If you ever have any questions, suggestions, compliments or complaints please pop into the office and have a chat, phone or send me (Monique Olthof- Director) an email: laroolpreschool@optusnet.com.au

If you do have an accounts/fees question though please email Melinda Valis (Administration Manager): larool-accounts@optusnet.com.au
Monique

Upcoming Events/ Dates to Remember

Disco!

**Saturday 21st September
2pm - 4pm**

**Grandparents/Special Persons
Afternoon**

**Joeys and Koalas
Monday 24th September
2pm**

**Wombats and Possums
Thursday 26th September
2pm**

**Last Day of Term 3
Friday 27th September**

**First Day of Term 24
Monday 14th October**

**Wednesday 23rd October
Danielle Mantakoul
Smart Start School Talk
7.30pm**

**StEPS Eye Screening
(4 year olds only)
Joeys and Koalas
Monday 11th November**

**Wombats and Possums
Thursday 14th November**



SPLAT Chat- Larool Social Committee Update

We are very excited about the upcoming Pre-school Disco being held on 21st September!

Thank you to all the families who have already returned their RSVPs and raffle tickets. We're hoping to see as many families there as possible.

We will need volunteers on the day to help the Disco and stalls run smoothly. Please see attached the link to "Sign Up" to help out - we can't run the Disco without volunteers so we need as many parents as possible to fill the places available.

<https://signup.com/client/invitation2/e83cbbf3b2d557e969f5faf7cda503bc692fcdbf/2899206/false/#/invitation>



Thornleigh West Public School Hall

See you there!
Lisa and Katie



Be SunSmart, Play SunSmart

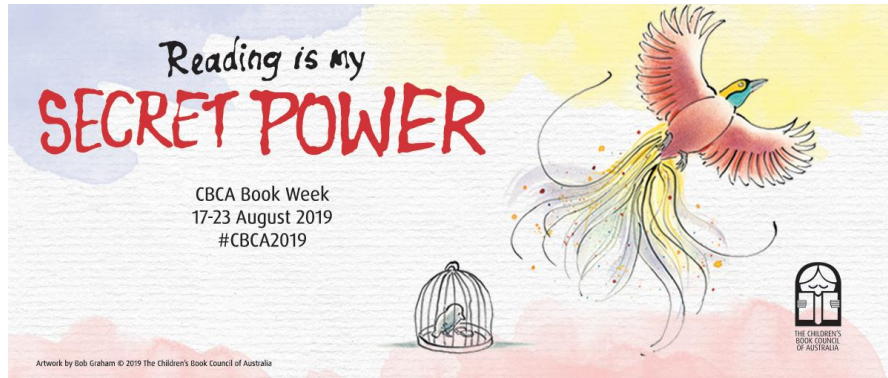
Remember to protect your children's skin at preschool!

As the weather begins to warm we will begin to venture outside earlier of a morning.

Children will need to:

1. Slip on sun-protective clothing that covers as much of the skin (*especially the shoulders, back and stomach*) as possible – no singlets or dresses without sleeves.
2. Slop on SPF30 (or higher), broad-spectrum, water-resistant sunscreen (Sunscreen is available at the Pre-school to apply on arrival.)
3. Slap on a broad-brimmed hat that shades the face, neck and ears (*no caps*)





Celebrating Book Week at Larool

What an amazing week we had! Don't you just love the feel and the smell of books, they can take you on a journey or teach you something new or transform your thinking! *Stories can promote feelings of empathy and even the discovery of ways to cope with our own feeling and problems. This is also true for our children!* Introducing children to the magic of books teaches them so many valuable tools for **literacy**, all of which are important building blocks toward future independent reading.

We thoroughly enjoyed reading so many different stories and through our reading experiences we:

Expanded
our
vocabulary

Went on
amazing
adventures

Developed a
thirst for more
knowledge

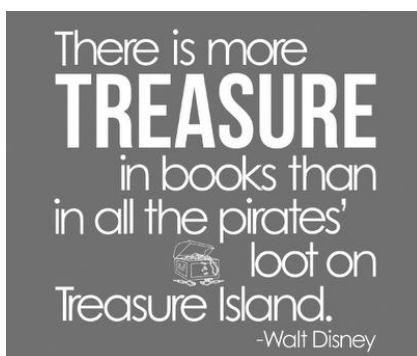
Had fun!

Learnt new
information

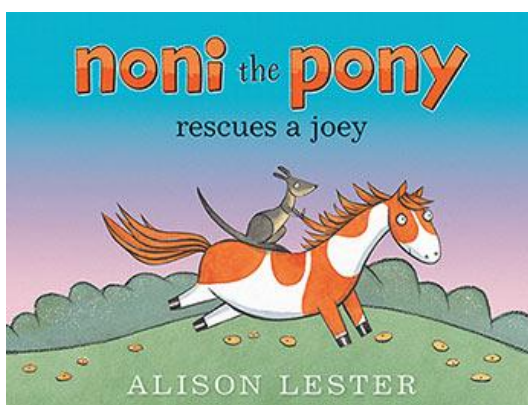
Ignited
curiosity

Widened our
horizons

Sparked our
imagination



Book reviews



Noni the Pony Rescues a Joey

Alison Lester

SHORT-LISTED: CBCA Book of the Year, Early Childhood, 2019

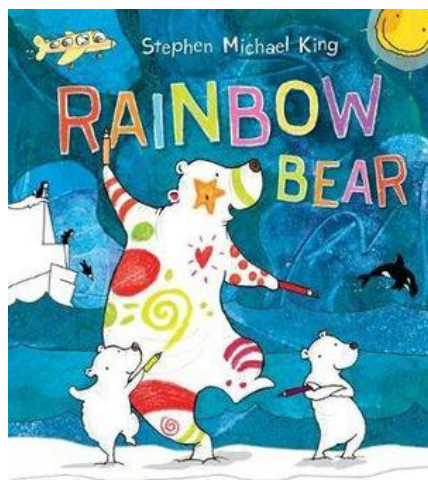
Noni the Pony heads out for the day, to roam the green hills behind Waratah Bay.

As she and her friends wander down a green trail, they meet someone small with a very long tail. Can they help the lost joey find the way home?

Larool Pre-school Term 3, 2019

Alison Lester's books are favourites with children and adults around the world. Magic Beach, Imagine, My Farm and Noni the Pony are Australian classics.

Alison Lester's picture books mix imaginary worlds with everyday life, encouraging children to believe in themselves and celebrate the differences that make them special. Alison's ear for rhyming text is second to none, and her illustrations are simple yet particularly beautiful, with lots of gorgeous sunset colours and sweet Australian animals.



Rainbow Bear

Stephen Michael King

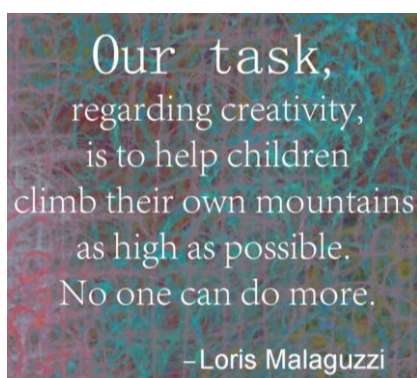
SHORT-LISTED: CBCA Book of the Year, Early Childhood, 2019

When Bear visits the city, he returns home with gifts of beautifully bright colour art materials for his family. In the land of ice and snow where they live, the rainbow colours are particularly appealing, and his partner and cubs delight in the gifts he has given.

But it seems to Bear that his trip to the city has changed him in a strange and unexpected fashion, for every morning he wakes up covered with a different selection of rainbow hued designs instead of the white fur he expects.

After each day of frolicking on the ice and swimming in the deep blue ocean he returns to normal by bedtime, but the mysterious change continues to greet him at dawn.

Bear, however, finally notices something that provides a vital clue to the mystery...a set of small paw prints in the snow near where he slept. How Bear deals with finding out that he has been acting as an unwitting canvas for his family's artistic endeavours is both endearing and full of gentle humour, and at the end the resolution that next time, he will take them all with him to visit the city, provides a satisfying conclusion to this story filled with compassion, creativity, and fun.



For the Love of the Arts!

We love the power of creativity and imagination here at Larool. From block building to the art studio, the children always surprise and delight us each day with their creative ventures. The learning process involved in creativity is not only amazing but so very complex and cultivates development in all areas.

These hand-on experiences allow the children to make discoveries, experiment and develop new ways of thinking.

The practical applications of maths and science are frequently seen in these creative experiences as the children problem solve, develop innovative thinking as they investigate, explore and discover. The enhancing of the children's physical development through strengthening their muscles and growing control as they sculpt, cut, paint, draw and glue are ever present impelled by the variety of tools and materials available.

We love the conversations that not only occur between the children but also the conversations with us as educators where the children will proudly share their vision and creations with us.

Larool Pre-school Term 3, 2019

Creative opportunities also enable the children to express their own feelings and thoughts as well as gaining a deeper understanding of their world around them, in turn influencing their language, literacy, social and emotional development.

Who knew all of this happens in activities such as painting, clay and block building!



"By encouraging creativity and imagination, we are promoting children's ability to explore and comprehend their world and increasing their opportunities to make new connections and reach new understandings."

Bernadette Duffy, (2006), *Supporting Creativity and Imagination in the Early Years*, Oxford University Press.



Protecting **children** is
EVERYBODY'S
BUSINESS

National Child Protection Week
1 - 7 September 2019

The aim of the week is to engage members of the community in supporting families and protecting children.

The focus for 2019 is on introducing a 'child development' communication frame to promote two key messages:

- Kids do well when parents are supported
- To raise thriving kids, parents need support to navigate life's choppy waters

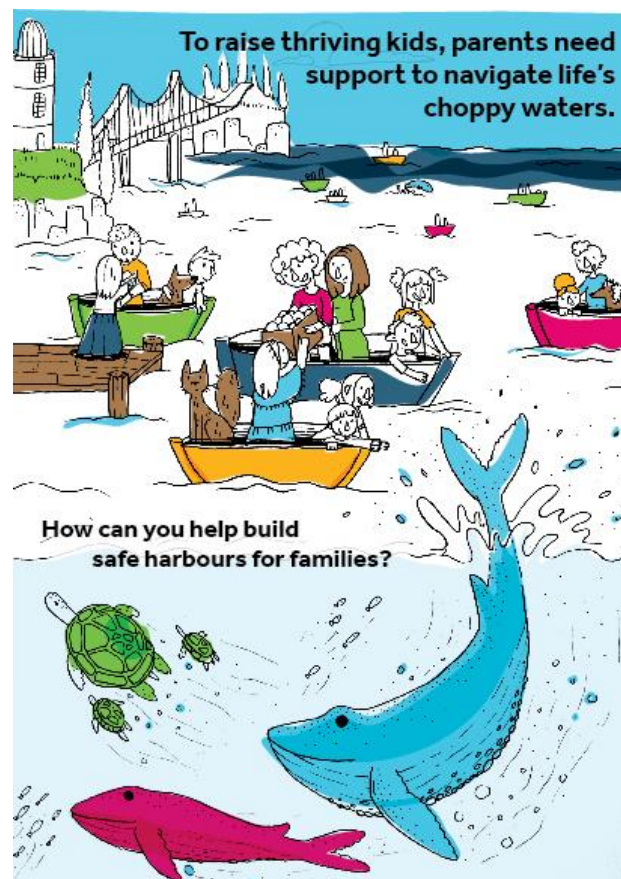
BACKGROUND ABOUT THE THEME...

This theme is based on evidence from the Frameworks Institute research commissioned by the Parenting Research Centre, which shows us the most effective way to talk about parenting and child wellbeing is with a 'child development' frame that:

- Focuses on children and what they need to thrive, rather than blaming or evaluating parenting
- Establishes the importance of interaction with parents and caregivers to child development, rather than assuming that young children simply grow
- Helps people see that circumstances shape options, rather than assuming that good parenting comes naturally to individuals
- Uses a 'navigating waters' metaphor where boats represent families/parenting, weather/hazards represents the circumstances that can affect us all, and lighthouses and safe harbours represent the support that we all need.

REMEMBER

- We all have a part to play in protecting children
- Even small actions can help to improve a child's future
- By building stronger communities, we are creating safer environments for our children



SPRING TIME PIZZA

PREP 10 min | SET 60 min

MAKES 12-16 | FEEDS 4

PREP 10 min | COOK 10-15 min



INGREDIENTS

- 1 cup (250 grams) ricotta
- 2 heaped tablespoons parmesan, grated zest of 1 lemon
- 4 sprigs thyme, leaves picked
- 4 wholemeal pita breads
- 1 zucchini, cut into thin ribbons using a speed peeler
- 6 stalks of asparagus, cut into thin ribbons using a speed peeler
- 1 tablespoon extra-virgin olive oil
- 3/4 cup (75 grams) shredded mozzarella (or tasty cheese)
- 100 grams turkey breast, shaved
- 1/2 cup (125 ml) basil pesto
- tomato wedges and extra pesto, to serve

METHOD:

Preheat oven to 200 degrees Celsius (390 F). Line 2 oven trays with baking paper and set aside. Place the ricotta, parmesan, lemon zest and thyme into a small bowl and mix to combine. Place the pita breads onto the oven trays. Divide the ricotta mix between the pita bread and spread evenly to cover each base. Place the zucchini and asparagus ribbons into a bowl, add the olive oil and toss to combine. Top each pita with the zucchini/asparagus mixture, shredded cheese and turkey. Dot each pizza with pesto and bake for 10-15 minutes or until golden and cooked. Allow to cool slightly before slicing into chunky pieces and serving alongside tomatoes wedges and pesto.

Recipe and Image from 'mylovelylittlelunchbox.com'



Finally.... we love to hear your feedback, the good and also the not so good. You can call, email, speak with the Director or your teachers, make an appointment, write a note or drop an anonymous note into our office box- we appreciate the time that our families make to give us feedback and we take it all on board.

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